

Appendix

Table (1): Demographics of the Participants.

Variable	N	%
Gender		
Woman	189	55.4
Man	152	44.6
Current Degree Program Enrollment		
Bachelor's Degree	205	60.1
Master's Degree	100	29.3
Doctorate	36	10.6
Geographical Regions		
East Asia and Pacific (Cambodia, Indonesia, Malaysia, South Korea, Thailand)	41	12.0
Eastern and Southern Africa (Ethiopia, Kenya, Madagascar, Rwanda, Sudan, Tanzania, Zimbabwe, Zambia)	36	10.6
Eastern Europe and Central Asia (Albania, Belarus, Bosnia and Herzegovina, Kazakhstan, Kosovo, Macedonia, Montenegro, Romania, Russia, Tajikistan, Turkmenistan, Uzbekistan)	118	34.6
Latin America and Caribbean (Colombia, Costa Rica, Venezuela)	13	3.8
Middle East and North Africa (Algeria, Egypt, Iran, Iraq, Jordan, Lebanon, Libya, Palestine, Syria, Yemen)	64	18.8
South Asia (Afghanistan, Bangladesh, India, Pakistan)	40	11.7
West and Central Africa (Cameroon, Chad, Ghana, Nigeria, Sénégal)	29	8.5

Table (2): Descriptive Statistics and Correlations between Key Variables.

Variable	M	SD	Range	Skewness	Kurtosis	1	2	3	4	5	6	7
1.Well-Being	49.62	10.79	7-98	-0.49	-0.11	-						
Perceived Social Support												
2.Significant Other	14.51	4.06	4-20	-0.48	-0.34	.21***	-					
3.Family	15.15	3.89	4-20	-0.62	-0.33	.47***	.41***	-				
4.Friends	15.00	3.76	4-20	-0.63	-0.09	.40***	.46***	.69***	-			
Adjustment Domains												
5.Sociocultural	26.10	4.08	7-35	-0.10	-0.36	.41***	.22***	.25***	.35***	-		
6.Psychological	27.54	6.92	8-40	-0.47	-0.11	.46***	.09*	.41***	.32***	.36***	-	
7.Dailylife	25.88	4.41	7-35	-0.10	-0.36	.34***	.09*	.30***	.27***	.49***	.28***	-

Note: SD for Skewness = .132; SD for Kurtosis = .263

* $p < .10$; ** $p < .05$; *** $p < .001$

Table (3): Independent Samples T-Test Results for Key Variables by Gender.

Variables	Women ^a		Men ^b		<i>t</i> (339)	<i>p</i>
	<i>M</i>	<i>SD</i>	<i>M</i>	<i>SD</i>		
1.Well-Being	11.00	0.80	10.35	0.84	-2.43**	0.016
Perceived Social Support						
2.Significant Other	3.92	0.29	4.03	0.33	3.95***	0.000
3.Family	3.98	0.29	3.76	0.31	1.55	0.122
4.Friends	3.80	0.28	3.69	0.30	1.53	0.128
Adjustment Domains						
5.Sociocultural	4.21	0.31	3.93	0.32	-0.83	0.405
6.Psychological	6.65	0.48	7.19	0.58	1.68	0.094
7.Dailylife	4.29	0.31	4.56	0.37	-0.79	0.432

Note. N = 341. *M* = Mean; *SD* = Standard Deviation

n^a = 189. n^b = 152

** *p* < .05; *** *p* < .001

Table (4): Sociocultural Adjustment.

Independent Variable	Unique Effect of IV on the Mediator (a)	Unique Effect of the Mediator on DV (b)	Direct Effect of IV on DV (c')	Total Effect (c)	Indirect Effect (a1b1)	BC 95% CI	
						Lower	Upper
Significant Other	.66 (.14)***	.14 (.02)**	.15 (.05)**	.24 (.05)***	.09 (.02)	0.05	0.14
Family	1.34 (.13)***	.14 (.02)**	.07 (.06)	.26 (.06)***	.19 (.03)	0.13	0.26
Friends	1.17 (.14)***	.12 (.02)***	.25 (.06)***	.38 (.06)***	.14 (.03)	0.09	0.20

** *p* < .05; *** *p* < .001

Table (5): Psychological Adjustment.

Independent Variable	Unique Effect of IV on the Mediator (a)	Unique Effect of the Mediator on DV (b)	Direct Effect of IV on DV (c')	Total Effect (c)	Indirect Effect (a1b1)	BC 95% CI	
						Lower	Upper
Significant Other	.66 (.14)***	.32 (.03)***	-.08 (.09)	.13 (.09)	.21 (.05)	0.12	0.30
Family	1.34 (.13)***	.24 (.03)***	.39 (.09)***	.72 (.09)***	.32 (.06)	0.22	0.43
Friends	1.17 (.14)***	.27 (.03)***	.25 (.10)**	.57 (.10)***	.32 (.05)	0.22	0.43

** *p* < .05; *** *p* < .001

Table (6): Daily-life Adjustment.

Independent Variable	Unique Effect of IV on the Mediator (a)	Unique Effect of the Mediator on DV (b)	Direct Effect of IV on DV (c')	Total Effect (c)	Indirect Effect (a1b1)	BC 95% CI	
						Lower	Upper
Significant Other	.66 (.14)***	.14 (.02)***	.02 (.06)	.11 (.06)	.09 (.02)	0.05	0.14
Family	1.34 (.13)***	.10 (.02)***	.21 (.07)***	.35 (.06)***	.13 (.04)	0.07	0.21
Friends	1.17 (.14)***	.11 (.02)***	.19 (.07)**	.32 (.06)***	.13 (.03)	0.07	0.20

** *p* < .05; *** *p* < .001